



# CANCER PREVENTION STUDY-3

Research today for a cancer-free tomorrow.



## Relay For Life is a life changing event that brings together more than 3.5 million people to...

**Celebrate** the lives of those who have battled cancer. It is the strength of cancer survivors that inspires others to continue to fight.

**Remember** loved ones lost to the disease. At Relay, those who have walked alongside those battling cancer can grieve and find healing.

**Fight Back.** We Relay because we have been touched by cancer and desperately want to put an end to the disease. Make a commitment to save a life by taking up the fight.

Cancer survivors in your community are fighting back through their participation in Relay For Life, supported by their friends and family members. Throughout the country, cancer survivors are also recruiting friends and family members to take part in a historic study taking place at select Relay For Life events: Cancer Prevention Study-3 (CPS-3). The difference survivors can make in the fight against cancer by telling others about CPS-3 is tremendous. Past ACS follow-up studies showed the link between smoking and cancer and the impact of physical activity and diet to cancer risk.

## Purpose of CPS-3

To better understand ways to prevent cancer, the American Cancer Society's Epidemiology Research Program is recruiting a diverse group of up to 500,000 adults across the US and Puerto Rico for a new research study, the Cancer Prevention Study-3 (CPS-3). Enrollment will take place at select locations across the country.

### CPS-3 will help us:

- Better understand the genetic, environmental, and lifestyle factors that cause or prevent cancer
- Ultimately eliminate cancer as a major health concern.

## Who is eligible to participate?

Anyone who:

- is willing to make a long-term commitment to the study, which involves completing periodic follow-up questionnaires,
- is between 30 and 65 years old, and
- has never been diagnosed with cancer (this does not include basal or squamous cell skin cancers).



## Participation involves?

The enrollment process involves two steps. The first step takes place at a local enrollment event, where individuals will be asked to:

- Read and sign an informed consent form.
- Complete a brief written survey.
- Provide a waist measurement.
- Give a small blood sample (similar to a doctor's visit – 7 teaspoons total). The blood sample will be drawn by a trained, certified phlebotomist.

The second step takes place at home, where participants complete a more detailed survey. This survey will ask for information on lifestyle, behavioral, and other factors related to one's health.

Upon completion of these two steps, the American Cancer Society will continue to mail follow-up surveys every few years to update participants' information. CPS-3 is not a clinical study, so participants will not receive individual blood test results. If someone has specific concerns, they should consult your doctor. We will send annual newsletters to tell participants about ongoing Cancer Prevention Studies research.

## Confidentiality

Confidentiality is of the utmost importance to us and we will make every effort to protect the privacy of study participants. We have multiple procedures in place to safeguard personal information that is collected.

**To find out more about CPS-3 and how you can help spread the word, visit us at [cancer.org/cps3](http://cancer.org/cps3), email us at [cps3@cancer.org](mailto:cps3@cancer.org) or call 1-888-604-5888.**

**Celebrate. Remember. Fight Back!**

**888.604.5888 • [cancer.org/cps3](http://cancer.org/cps3)**

*"My mom is a two-time cancer survivor, and I'm doing everything I can to make sure my children don't ever have to say that...I really, really believe this is part of the answer."*  
- study participant

*"People always ask me if I know what caused my cancer. The truth is: I don't know what caused it. This study may someday reveal what caused my cancer – and may help others to prevent it."* - Cancer survivor

*"If participating in this study could mean that even just one person could be spared a cancer diagnosis, it would be the most important and meaningful action."* - study volunteer

Relay For Life of Kentwood  
Friday, April 27, 2012  
East Kentwood High School – Falcon Stadium (6230 Kalamazoo Ave. SE, Kentwood, MI 49508)  
Enrollment hours from 5pm-9pm  
For more information, contact: Al Kula at [albertkula@yahoo.com](mailto:albertkula@yahoo.com)