

[University of Michigan Health System](#)

**C.S. Mott Children's Hospital**

## **Bullying: Resource List**



### **Ages 4 to 8**

- *Benny Gets a Bully Ache*; by Jane Bomberge; Freedom Pub Co, 1997
- *Big Bad Bruce*; by Bill Peet; Houghton Mifflin Co, 1982
- *Chrysanthemum*; by Kevin Henkes; Greenwillow Books, 1991
- *Dealing With Bullying*; by Marianne Johnston Hazelden, 1998
- *Just a Bully*; by Gina Mayer; Golden Books, 1999
- *Nobody Knew What To Do: A Story About Bullying*; by Becky McCain; Albert Whitman & Company, 2001
- *Rat and the Tiger*; by Keiko Kasza; Econo Clad Books, 1999
- *Simon's Hook; A Story About Teases and Put-Downs*; by Karen Burnett; GR Publishing, 1999
- *Stop Picking On Me*; by Pat Thomas; Macdonald Young, 2000
- *The Berenstain Bears and the Bully*; by S. and J. Berenstain; Random House, 1993

### **Ages 6 to 10**

- *Arthur's April Fool*; by Marc Brown; Little, Brown & Co., 1990
- *Blue Cheese Breath and Stinky Feet: How to Deal With Bullies*; by Catherine DePino and Bonnie Matthews; Magination Press, 2004
- *Bullies Are a Pain in the Brain*; by Trevor Romain; Free Spirit Publ, 1997
- *Don't Feed the Monster on Tuesday*; by Adolph Moser; Landmark Editions, 1991
- *Don't Sit on My Lunch!*; by Abby Klein and John McKinley; New York Blue Sky Press, 2005
- *Finding the Greenstone*; by A. Walker; Harcourt Brace Jovanovich, 1991
- *How to Lose All Your Friends*; by Nancy Carlson; Viking
- *Talking About Bullying*; by Jullian Powell; Raintree Steck-Vaughn, 1999

### **Ages 9 to 12**

- *Blubber*; by Judy Blume; Econo-Clad Books, 1999
- *Bullies are a Pain in the Brain*; by Trevor Romain; Free Spirit Pub, 1997
- *Crash*; by Jerry Spinelli; Knopf, 1999
- *Freak the Mighty*; by Rodman Pilbrick; Scholastic, 2001
- *How To Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense*; by Kate Cohen-Posey; Rainbow Books, Inc, 1995
- *Peace on the Playground: Nonviolent Ways of Problem-Solving*; by Eileen Lucas; Watts, 1991

- *Simon's Hook: A Story About Teases and Put-Downs*; by Karen Burnett; GR Publishing, 2000
- *Stick Up For Yourself*; by Gershen Kaufman and Lev Raphael; Free Spirit Publishing, 1998
- *The Araboolies of Liberty Street*; by Sam Swope; Sunburst, 2001
- *The Bully Buster Book*; by John William Yee; Outgoing Press, 1997
- *The Hundred Dresses*; by E. Estes; Harcourt Brace Jovanovich, 1994
- *When Kids Drive Kids Crazy: How to Get Along With Your Friends and Enemies*; by Eda LeShan; Dial Books for Young Readers, 1990
- *Why is Everybody Always Picking On Me?: A Guide to Understanding Bullies For Young People*; by Terrence Webster-Doyle, Rod Cameron (illustrator); Atrium Society, 1991

### **Young Adult**

- *The Chocolate War*; by Robert Cormier; Laurel Leaf, 1999
- *Ironman*; by Chris Crutcher; Greenwillow, Laurel Leaf, 1996
- *Working Out Conflicts: How to Keep Cool, Stay Safe, and Get Along*; by Naomi Drew; Free Spirit Publ, 2004

### **Books for Adults**

- *The ABCs of Bullying: Addressing, Blocking and Curbing School Aggression*; available from US Dept of Health & Human Services, Substance Abuse & Mental Health Services
- *And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence*; by James Garbarino; Free Press, 2002
- *Bullies & Victims: Helping Your Child Survive the Schoolyard Battlefield*; by Suellen Fried; M Evans & Co, 1998
- *Bullying: Practical and Easy-to-Follow Advice*; by Jenny Alexander; Penguin USA, 1998
- *Bully Busting: How To Help Children Deal With Teasing and Bullying*; by Evelyn M. Field; Finch Publishing, 1999
- *Bully Proofing Your Child*; by Carla Garrity, Mitchell Baris, and William Porter; Sopris West, 1999
- *Easing the Teasing: A Parent's Guide to Helping Children Deal with Name-Calling, Ridicule and Verbal Bullying*; by Judy Freedman; Contemporary Books, 2002
- *Mom, They're Teasing me: Helping Your Child Solve Social Problems*; by Michael Thompson; Ballantine Books, 2002
- *"Words Will Never Hurt Me": Helping Kids Handle Teasing, Bullying and Putdowns*; by Sally Ogden; Elton-Wolf, 2001

[http://www.med.umich.edu/llibr/pa/pa\\_blbully\\_pep.htm](http://www.med.umich.edu/llibr/pa/pa_blbully_pep.htm)