



# K P S - MIDDLE SCHOOLS

## MAY - JUNE 2013



**BREAKFAST - \$1.25**

**LUNCH - \$1.80**

**MILK - .40**

**ADULT - \$3.50**

**REDUCED Breakfast = .30**

**REDUCED Lunch = .40**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> Big Daddy's Cheese or *Pepperoni Pizza, Salad, Fruit and Milk	<b>7</b> Charbroiled Hamburger on WW Bun, Potato, Salad and Milk	<b>8</b> Baked Chicken, Potato, Apple, WW Roll and Milk	<b>9</b> Nacho Supreme w/Seasoned Meat, Cheese Sauce, Salsa, Fruit, Vegetable and Milk	<b>10</b> <b>Dippers</b> Breadsticks filled w/Cheese, Cherry Tomato, Apple Juice and Milk
<b>13</b> Turkey-ham & Cheese on Sub Bun, Melon, Salad and Milk	<b>14</b> Baked Chicken Strips Mashed Potato, Baby Carrots, WW Roll and Milk	<b>15</b> Chicken Egg Rolls, Fried Rice, Orange, Leafy Green Salad, Fortune Cookie and Milk	<b>16</b> Walking Taco w/Seasoned Beef, Corn Chips, Cheese, Salsa, Fruit and Milk	<b>17</b> Mac & Cheese, Vegetable, Fruit and Milk
<b>20</b> Italian Ravioli Leafy Green Salad Apple, Breadstick and Milk	<b>21</b> Baked Chicken Nuggets Leafy Green Salad Apple, and Milk	<b>22</b> Chicken Fajitas Seasoned Chicken, Lettuce, Cheese, Salsa, Banana and Milk	<b>23</b> Baked Beef & Cheese Burrito Mixed Green Salad, Melon and Milk	<b>24</b> Three Pizza Cheese Crunchers, Baby Carrots, Cheese Stick, Green Salad and Milk
<b>27</b> <b>MEMORIAL DAY NO SCHOOL K-12</b>	<b>28</b> French Bread Cheese Pizza, Salad, Banana and Milk	<b>29</b> Baked Chicken Patty on WW Bun, Sweet Potato, Leafy Green Salad and Milk	<b>30</b> Italian Ravioli Leafy Green Salad Apple, Breadstick and Milk	<b>31</b> <b>Breakfast for Lunch</b> French Toast, Potato, Turkey Sausage, Fruit Juice and Milk
<b>June 3</b> Cheese Quesadilla Sweet Potato, Pear and Milk	<b>4</b> Beef Teriyaki Dippers Green Beans, Orange, WW Roll and Milk	<b>5</b> Baked Chicken Nuggets, Sweet Potato Leafy Green Salad Apple and Milk	<b>NEW! 6</b> Tony's Stuffed Cheese Sticks, Salad, Watermelon and Milk	<b>7</b> <b>Last Day of School! AM Only K-12</b>

### MENU SUBJECT TO CHANGE

**\*May Contain Pork or Pork Products WG = Whole Grain and WW = Whole Wheat**

The Salad Bar is available daily in *all* Kentwood Schools with fresh lettuce, fruit, and vegetables. A complete lunch includes the entrée of the day and two choices from a variety of fruit, juice and vegetable selections. Fruit and vegetable selections includes: fresh apples, oranges, bananas, grapes, melons, tossed salad, green beans, corn, carrots, mashed potatoes, etc. These items may change on a daily basis. Milk is also included. Students have a choice of milk each day: 1% white milk, skim milk, non fat strawberry milk or non fat chocolate milk. Mr. Mo Shamali is the Child Nutrition Director.

#### **ATTENTION PARENTS!**

You can now submit your Free & Reduced-price meal application **online!** Simply go to: <http://cns.kentwoodps.org> for a faster and more accurate process. **One application per family, all children should be listed on one form.** You may contact the Child Nutrition Office at 616-455-3166 if you have any questions. School menus are available on line at [www.kentwoodps.org](http://www.kentwoodps.org). Make your payments to your child's account through the internet at [www.mypaymentsplus.com](http://www.mypaymentsplus.com) or by calling 1-866-668-5709 if you do not have access to the internet. Simply dial or log on and use your credit card or a check to fund your child's account; you will need their student ID number. This can be found on their class registration form. If you make a **minimum** deposit of \$50(total) you will not be charged a small service fee. "In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, gender, age, or disability. To file a complaint of discrimination, write to: USDA, Director, Office of Adjudication, 1400 Independence Ave. SW, Washington D.C. 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339; or 800-845-6136 for Spanish. USDA is an equal opportunity provider and employer."